

CASE REPORT

UNMET NEED - MOTHER'S ROLE - CHILDREN'S ATTITUDE

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INTRODUCTION: Reproduction is the greatest gift of God - for the maintenance of life cycles on earth, time and place being an important factor to accept the gift of God, the Almighty. Since time immemorial, conception of unwed girl is one of the problems faced, and facing and creating problem among the youths, in the families and so to the society every now and then.

Awareness of sex and sex education would play a great role as one factor to solve the problem. A good and understanding mother is the need of the hour for the upliftment of children in the families and so to the society.

Role of the parents and elders in the families are valued for the successful carrier of the children. Cases reported are selected among the unmarried term pregnancies

CASE REPORTS: Pregnancies since late 1979 onwards.

1st Case: A teenage girl, aged about 19yrs, Miss X, youngest in the family reported by her mother in the third trimester of pregnancy. On enquiry, the pregnancy was noticed recently when she got the information from others that her daughter is pregnant. By the time, the size of the uterus was almost 34+wks and the culprit was a married man with one kid. With hues and cries, the problem was solved. The girl gave birth at the partner's residence safely and afterwards separated.

The result of ignorance, fear and unable to express the situation to her mother and sisters made the girl landing to late trimester of the pregnancy with hues and cries in the family.

Here a comment to the elders in the families - when a growing up girl attains menarche- care to daily lifestyle of the girl must be one of the important steps not to be in such situation. Adults in the families must give awareness and care to the growing up children- both boys and girls for self-protection and to lead life in a simpler and better way.

When I enquired the mother how the girl landed to this stage, she told me that she didn't realize her daughter's conception. She thought that her daughter is becoming so fat in her mind. By the time she noticed, her daughter is almost in labour that is why she is bringing her to hospital for safe delivery.

2nd Case: A girl aged about 15 yrs, Miss XYZ, unwed was brought in the labour room by her mother almost in second stage of labour. The unwed girl gave birth to a female child without any complication immediately. As the mother wants to leave the child in the labour room, I accepted and handover the child to a lady who is willing to adopt a female baby. Thus, managed the acute problem.

3rd Case: A grandmother informed me that her granddaughter aged about 16yrs, Miss XYZ seems to be pregnant though the girl is hiding the pregnancy. Her mother was not aware of her daughter as she was engaged in a family as a helper somehow to run the family. As she approached me, the evening I was waiting for her but she didn't turn up.

CASE REPORT

The next day, I came to know that the girl has eloped that night. Afterwards she was brought to me for antenatal check by her mother -in - law. And she had a safe delivery of a female baby at RIMS hospital. Thus, solved the problem.

4th Case: By the time, the OPD was about to close Miss XYZ, an unwed teenage girl, aged 14+yrs was brought by her mother and sister elder to her. When I examine the case, she was almost in second stage of labour, I transferred her to labour room, after starting the IV line, she gave birth to a female baby safely. The mother is taken care of, discharged from the hospital after 3 days. The baby was given away for adoption.

5th Case: An unwed girl, aged about 19+yrs, Miss XYZ, was brought by her relative at 34+wks gestation at the OPD PPP. On enquiry the culprit was the step farther. She is taken care at a short stay home till term and landed to a safe delivery and baby was given for adoption

6th Case: Reported one unwed girl aged about 18 yrs, Miss XYZ almost at term with the guardian of the boy's & the girl's. On enquiry, the girl was hiding the pregnancy, and the guardians in the family were not aware of the pregnancy. Decision was taken to perform the formalities of marriage and arranged for delivery at a safe place away from home. After delivery, the baby was kept at a place and taken care of. Afterwards family formalities performed and the baby was handed to the parents.

Problems can be solved easily with understanding between the boys & girls families

7th Case: Unwed girls, reported at OPD with their partners to seek help to solve the problem, all cases reported, usual counseling done to both the partners. Most cases gave opinion for continuation of pregnancy and some landed to termination of pregnancy.

Clients coming up with guardians, after counseling landed to continuation of pregnancy in most of the cases considering the hazards of pregnancy termination.

DISCUSSION: The problem of unwed mother is since time immemorial. To solve the problem, more concerned is with the female because the pregnancy termination and its hazards is always faced by the females. A point not to forget - by undergoing termination of pregnancy, the acute problem is solved somehow but there remains an unhealed scar to the female, if she is unable to conceive and become a mother later. The lady comments for the past deed as reported.

For the parents and guardians - once the baby girl is round about the menarche and attains menarche special precautions for the female is a must. And an eye should be kept for the female groups so that they are protected since childhood onwards.

A point not to forget - By undergoing termination of pregnancy, the hot problem is solved anyhow but there remains a scar to the female partner more so after marriage if she is unable to conceive. Reported by a lady who is failed to conceive following termination of pregnancy in her teenage.

And a note for the parents and elders - When the children are growing up, giving awareness of sex seems to be a must so they are protected from such crimes. Specially for the growing up female group, mothers/elders should give awareness for self-protection for their future.

CASE REPORT

A point not to forget - "Sexual crime involved by adult is not exception, females being the target mainly"

So for the growing up children specially the mother should keep an eye on them as mother is the one who is nurturing them from conception onwards.

A female shouldn't regret for being born as a female, as a female can discharge her duty everywhere for the upliftment of the family and so to the society. And females should discharge her performance in a positive way.

Negative thinking may ruin everything. Maintenance of Health and character is the main for a brighter & prosperous future.

COMMENT: Every living being on Earth, the creations of the almighty has to face ups and downs in life. "Success in life" everybody expects, everyone has to work with positive thinking to achieve success in future.

For the growing up children, to be in the positive way and success in life, proper guidance and care is a must.

Everybody has to act in a proper way at the appropriate time. There should be no lapse of time and proper care and guidance is the need of the hour for a better future.

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