

COMPARATIVE STUDY OF CLINICAL MANIFESTATION, PLAIN FILM RADIOGRAPHY AND COMPUTED TOMOGRAPHY FOR DIAGNOSIS OF MAXILLOFACIAL TRAUMAAmit Goel¹, P. K. Ganguli², Umbreen Nazir³, Raja Nadeem⁴, Pradeep Kumar Gupta⁵**HOW TO CITE THIS ARTICLE:**

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ABSTRACT: OBJECTIVE: Maxillofacial injuries are one of commonest injuries encountered. Roentgenographic evaluation of maxillofacial trauma is of prime importance for diagnosis and treatment of these injuries. **STUDY DESIGN:** Forty patients were evaluated in prospective four year study. We studied and evaluated the demography and diagnostic efficacy of clinical, plain radiography, and computed scan in maxillofacial trauma. **RESULT:** Road traffic accidents were commonest cause of maxillofacial injuries. Patients having multiple fractures, mandibular fractures was commonest. **CONCLUSION:** Computed tomography proved a useful adjunct in mid facial trauma. **KEYWORDS:** Maxillofacial, Clinical, Radiography, Computed tomography.

INTRODUCTION: Roentgenographic evaluation of maxillofacial trauma is integral component in management of acutely injured patient. Urbanisation, increase in vehicular traffic, road traffic accidents are main causes of maxillofacial injuries. CT scan has enhanced fine imaging of facial trauma. Computed tomography for clinical diagnosis was described by house field in 1973.¹ In our study of maxillofacial trauma we studied spectrum of maxillofacial injuries. The role of clinical examination, plain film radiography, CT scan in diagnosis of facial fractures were studied.

MATERIAL AND METHODS: Patients having facial trauma were evaluated in emergency department of our hospital. A detailed clinical examination was prelude to radiological evaluation of patient. A Complete and lucid past and present history with particular emphasis on symptoms, inebriation was taken. This was followed by a thorough clinical examination including local and systemic examination.

An examination of facial structure was accomplished progressing from superior to inferior.

All signs were noted like swelling, limitation, edema, bleeding, diplopia, tenderness, malocclusion, echymosis, hypoesthesia and crepitus. Thorough ENT and ophthalmic, neurosurgical examination was done. Plain film radiography was done with film transversely and longitudinally in congruity with projection envisioned. Views acquired were:

1. Occipital-mental 45 PA.
2. Lateral view.
3. Occipitofrontal.

All patients of facial trauma were subjected to x-rays and computed tomography.

RESULTS: Forty cases were studied. There were 27 males and 13 females. The commonest age group was between 20-29 years. Road traffic accidents were commonest causes of maxillofacial trauma comprising of 15 cases.

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With the advent of urbanization, vehicular accidents was the commonest cause of maxillofacial trauma. Physical assault was another cause of maxillofacial injuries comprising of 7 cases. Laborers and farmers accounted for maximum number of cases. Alcohol, hearing impairment were predisposing factors but were not significant. Deformity and pain were the commonest symptoms. Mandibular fractures were the commonest fractures comprising of 32 cases. There were 16 cases of maxillary fractures.

Majority of patients had multiple injuries. Patients were subjected to clinical examination after admission, and regular examination was done during subsequent days. CT scan, X-rays were done after clinical examination. Clinical and x-ray were comparable in different facial fractures but CT scan proved better in mid facial and deeper facial bones.

DISCUSSION: Facial injuries are caused by accidents and physical assaults advocated by Shanks and killey.² Rose and killey mentioned assaults as commonest cause.³ Keats said that facial architecture are divided by areas of resistance.⁴ Finkle compared clinical and radiological diagnostic accuracy and found that nasal bone, supraorbital rim and infraorbital rim were diagnosed by clinical examination.⁵

CT scan was found to be better in diagnosis of facial fractures except superficial median structures.⁶ Zilka compared CT scan with conventional radiography in 30 patients of facial fractures. Six cases were missed by conventional radiography which were diagnosed by CT scan.⁷

The ability of CT scan to simultaneously depict both osseous and soft tissue structures expands the role that diagnostic radiology plays in evaluation of facial fractures.⁸ Two and three dimensional CT scan were used for evaluation of maxillofacial trauma. Three dimensional CT scan demonstrates spatial relationships not easily conceptualized by two dimensional CT scan but was time consuming and had limited resolution.

Fracture fragments and associated skeletal deformities are clearly identified by CT scan permitting the diagnosis of zygomatic, orbital, naso-ethmoid, temporal, frontal and mandibular fractures. Complex fractures with fragmentation are easily identified on CT scan than conventional tomography because of superior contrast resolution of computed tomography.

Advantages of computerized tomography are lack of image superimposition, preservation of detail of soft tissues, enhancement of vascular tumors, and selective enlargement of areas of interest. Presence of any metallic artifacts, limits the use CT scan.⁹

In our study we too encountered patients with firearm injuries who had metallic pellets embedded in face. It causes splaying of rays which is called streak effect.

Smith et al described facial fractures frequency, injury characteristics, diagnosis by retrospective study. Fractures were frequently present in orbit 32%, malar and maxilla 26% and nasal bones 19%.¹⁰ Maliska et al described 185 maxillofacial fractures and found that mandible was commonest fracture 54.6%, followed by zygoma 27.6%. Commonest age of maxillofacial fractures was 18-39 years.¹¹

CONCLUSION: Imaging for maxillofacial injuries serves as principal means for qualifying the clinical diagnosis. It helps in planning the treatment and comprehensive surgical repair. Facial trauma is complex injuries of body and need for accurate, complete diagnosis is must. Neglected facial injuries leads to significant deformity, disability, Early identification of clinically occult facial fractures using CT scan leads to appropriate early management, resulting in improved outcome.

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Maxillofacial injuries should be initially evaluated by thorough clinical examination and plain radiography. In complex pan facial trauma especially in mid facial segment, unenhanced axial and coronal CT scan is a must and should be routinely considered.

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