High Cervical Partial Posterior Cord Cleft in a Case of Klippel-Feil Syndrome

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INTRODUCTION

Posterior high cervical spinal cord cleft has been rarely reported in association with Klippel - Feil syndrome (KFS). Its presence may have prognostic value in long term neurological outcome.

If there is segmentation anomaly of two or more vertebrae during embryonic life mainly involving the cervical vertebrae, it can result in Klippel - Feil syndrome. It is a rare anomaly and is present with the incidence of 1 : 42000 births.¹ During 2nd to 8th week of embryonic life, the segmentation of the mesodermal somites of the spine in the cervical region fails and leads to cervical spine synostosis which is also known as KFS. Although most commonly the KFS patients present with the symptoms of short length of the neck, hairline posteriorly is low and the mobility in the upper part of the spine is restricted.

It is also sometimes associated with other congenital anomalies like Sprengel's deformity, hemivertebra, basilar impression, cleft palate, and many more rare anomalies.² Most commonly the patients having this syndrome show restriction of the motion in the neck region.³

PRESENTATION OF CASE

A 4-year-old male child, with non - consanguineous parents, presented with chief complaint of decreased range of neck motion. Birth history was normal. There was no history of fever or trauma. On examination, no neurological deficit was seen. On computerised tomography (CT), multilevel vertebral fusion was seen consistent with diagnosis of Klippel - Feil syndrome (Figure 1).

Magnetic resonance imaging (MRI) showed multilevel vertebral fusion. In addition, it showed high cervical posterior spinal cord cleft filled with cerebrospinal fluid (CSF) extending from medulla oblongatae to C4 level, however spinal cord showed normal signal intensity. No septum or intra - spinal mass lesion was seen.

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Figure 1b. Sagittal Non -Contrast CT (NCCT) Image of Cervical Spine Showing Multilevel Vertebral Fusion in Cervical Spine







DISCUSSION

Klippel - Feil syndrome is a rare condition of unknown aetiology. It is a congenital vertebral segmentation anomaly characterized by multilevel vertebral fusion in cervical region (at two or more levels) which can also affect thoracic region.⁴ The short neck, low posterior hairline and reduced range of neck motion forms a classical triad which was originally described by Maurice

Klippel and André Feil but is only seen in less than half of the patients.^{5,6} It can be associated with a variety of other manifestations like Sprengel's shoulder, hearing problems and split cord malformations.⁷ Patients with Klippel - Feil syndrome are at increased risk of neurological deficit. This can be secondary to spinal instability and increased incidence of spondylosis changes due altered biomechanics due to multilevel vertebral fusion and increased stress at non - fused segments.

Another cause of neurological deficit is split cord malformations.⁶⁻⁸ Diastematomyelia is the most common split cord malformation which is usually seen in thoraco - lumbar region. It involves complete cord splitting which may or may not be associated with osseocartilaginous septum. Partial posterior spinal cord cleft, also known as partial diastematomyelia has been reported in association with Klippel - Feil syndrome.^{6,9} Its aetiology is not well described but it could be related to focal ischaemic injury without any subsequent repair.

Regardless of its aetiology, it may be an important prognostic factor as it is associated with long term neurological outcome.⁶ In our patient, there was no neurological deficit at presentation, however such patients with pre - existing spinal cord changes should be monitored closely and additional precautional measures should be instated to reduce incidence of spondylitic disease.^{6,7}

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