POSTERIOR CRANIAL FOSSA LESIONS- A CLINICOPATHOLOGICAL CORRELATIVE STUDY

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ABSTRACT

BACKGROUND
Posterior cranial fossa houses the cerebellum and brainstem that contains all cranial nerve nuclei and many afferent fibre tracts that connect the brain with the rest of the body. Early diagnosis of posterior fossa lesions is vital to prevent complications like herniation and brainstem compression that is invariably fatal.

The present study is an attempt to collect the demographic profile and types of posterior fossa lesions. We also assessed the extent of correlation between clinical and radiological diagnosis and the diagnosis on histopathology.

MATERIALS AND METHODS
A retrospective analysis of 75 biopsy specimens from posterior fossa lesions received in the Department of Pathology, Government Medical College, Trivandrum, over a 3-year period was done. The data collected included age, sex, site of lesion, clinical presentation, radiological and histopathological diagnosis. The diagnosis in all the cases were made on haematoxylin and eosin stained slides of processed tissue.

RESULTS
We received a total of 75 cases of posterior fossa lesions in the 3-year period. Most of the lesions occurred in the age group between 50 and 59 years (20%) followed by 0 to 9 years (16%). The male-to-female ratio observed was 1.33: 1. The non-neoplastic lesions observed were cerebellar abscess and arachnoid cyst. In adults, the most common tumour was Schwannoma, while in children it was medulloblastoma. Agreement between clinical and histopathological diagnosis was observed in 64% of the cases.

CONCLUSION
Posterior fossa lesions affect all age groups, especially paediatric age group with a male predominance. Clinical pathological correlation and grading are significant pertaining to the choice of treatment modality for the patient.

KEYWORDS
Posterior Fossa Lesions, Cerebellar Abscess, Arachnoid Cyst, Schwannoma, Meningioma.


BACKGROUND
Posterior cranial fossa houses the brainstem and cerebellum. Brain stem contains all cranial nerve nuclei and many afferent fibre tracts that connect the brain with the rest of the body. Cerebellum is the major organ of co-ordination for all motor functions.

A wide array of disease process can occur in the posterior cranial fossa. These include tumours arising from the brain tissue itself, the cranial nerves, the meninges or even the skull. Magnetic resonance imaging is ideal for delineating posterior fossa and its lesions. In spite of the rapid advancement in radiology, histopathology still remains the gold standard in diagnosing space occupying lesions of the brain.

This study was undertaken to describe the various lesions that occur in posterior fossa pertaining to their incidence, age and sex distribution, location and to evaluate the extent of agreement between the clinico-radiological and histopathological diagnosis.

MATERIALS AND METHODS
The study was a descriptive study conducted in the Department of Pathology, Medical College, Trivandrum. A retrospective analysis of biopsy specimens from posterior fossa lesions received in the Department of Pathology over a 3-year period was done. The data collected included age, sex, site of lesion, clinical, radiological and histopathological diagnosis. A total of 75 biopsy specimens were studied and the clinical data was correlated. Histopathology diagnosis was used as the gold standard. Sensitivity, specificity and agreement using kappa statistics was calculated to correlate clinical and histopathological diagnosis.

RESULTS
Out of the 75 specimens received 55 were neoplastic lesions, while 11 were non-neoplastic (Fig. 1 - 3). The neoplastic lesions included pilocytic astrocytoma (6 cases), diffuse astrocytoma (4 cases), glioblastoma multiforme (3 cases), ependymoma (3 cases), medulloblastoma (8 cases),...
Schwannoma (15 cases), meningioma (4 cases), haemangioblastoma (5 cases), metastases (7 cases). Non-neoplastic lesions diagnosed were 8 cases of abscess and 3 cystic lesions diagnosed as arachnoid cyst. Among the neoplastic lesions the most commonly encountered was Schwannoma (20%) followed by medulloblastoma (11%). Most common neoplastic lesion in children was medulloblastoma; 9 biopsies were non-diagnostic due to inadequate material. Of the total 75 cases, 8 were recurrent neoplasms - pilocytic astrocytoma (2), ependymoma (2), schwannoma (2), medulloblastoma (1) and haemangioblastoma (1) (Table 1).

<table>
<thead>
<tr>
<th>Name of the Lesions</th>
<th>Number of Patients</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pilocytic astrocytoma</td>
<td>6</td>
<td>8</td>
</tr>
<tr>
<td>Diffuse astrocytoma</td>
<td>4</td>
<td>5.33</td>
</tr>
<tr>
<td>Glioblastoma</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>Ependymoma</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>Medulloblastoma</td>
<td>8</td>
<td>10.7</td>
</tr>
<tr>
<td>Schwannoma</td>
<td>15</td>
<td>20</td>
</tr>
<tr>
<td>Meningioma</td>
<td>4</td>
<td>5.3</td>
</tr>
<tr>
<td>Haemangioblastoma</td>
<td>5</td>
<td>6.7</td>
</tr>
<tr>
<td>Metastasis</td>
<td>7</td>
<td>9.3</td>
</tr>
<tr>
<td>Abscess</td>
<td>8</td>
<td>10.7</td>
</tr>
<tr>
<td>Cystic lesions</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>Inconclusive</td>
<td>9</td>
<td>12</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>75</strong></td>
<td><strong>100</strong></td>
</tr>
</tbody>
</table>

*Table 1. Histopathological Diagnosis*

Regarding the age distribution, majority of the lesions were seen in adults in the 5th decade (20%). Children accounted for 16% of the cases. The distribution among males and females were 57% and 43% respectively with the exception of meningioma and haemangioblastoma that showed a female preponderance.

The most frequent clinical presentations were headache (67%) and vomiting (55%). Cerebellar signs (28%) and papilloedema (12%) were noted in pilocytic astrocytoma, medulloblastoma and haemangioblastoma; 12 of the 15 cases of Schwannoma presented with vertigo. Non-neoplastic lesions like cerebellar abscess manifested with fever, drowsiness and majority gave history of untreated chronic suppurative otitis media.

The most common radiological findings reported were heterogeneous attenuation and cystic enhancement; 62% of medulloblastoma presented as hyperdense lesions. Cyst with mural nodule was the common presentation in 66.67% cases of Pilocytic astrocytoma; 10 out of 15 cases of schwannoma were heterogeneous.

Sites of lesion involvement in posterior fossa in the descending order of frequency were the following - Cerebellum in 70% followed by CP angle in 23%, 4th ventricle in 4% and brain stem in 3%.

In our study, agreement between the clinico-radiological and pathologic diagnosis was noted in 64% of the cases. The highest agreement was noted for glioblastoma multiforme, Schwannoma and arachnoid cyst which showed perfect agreement with 100% sensitivity. Cases of pilocytic astrocytoma showed the least agreement with a sensitivity of 33.33% (Table 2).
peak incidence in 4th to 6th decade and male-to-female ratio of 1:2. Tinnitus, hearing loss and cranial nerve palsies were the most frequent symptoms.

All the cases of meningioma were seen exclusively in females in our study with the patients falling into the age group of 35 to 70 years. Helseth et al. observed the occurrence of meningioma predominantly in females and in the middle decade.

There were a total of 13 cases of astrocytomas, of which 6 were pilocytic astrocytomas, 4 were diffuse astrocytomas and 3 were glioblastoma multiforme. Pilocytic astrocytoma was seen in the age group of 4 to 20 years, similar to the findings of Garcia et al. of 1 to 19 years. The incidence in children in our study was found to be 21.42%. Radiologically, 66.67% cases showed cyst with solid mural nodules and 33.33% cases were recurrent lesions.

The incidence of ependymoma was 14.29% with a male-to-female ratio of 2:1. Out of the total 3 cases, 1 was a recurrent case of anaplastic ependymoma. The site of lesion was 4th ventricle in all the cases (100%) compared to 60% in the series of Schiffer et al.

Medulloblastoma was noted in a wide range of age group between 2 and 37 years with 75% of the cases falling below the age of 10 years. It was also the commonest neoplastic lesion in children in our series.

There were 5 cases of haemangioblastoma, in which 60% of the tumours occurred in females. 40% of the patients presented radiologically as cysts with mural nodule. Metastatic tumours in cerebellum are uncommon according to Garg et al. We got 7 cases of metastatic tumours of posterior cranial fossa.

In our study, agreement between the clinico-radiological and pathologic diagnosis was noted in 64% of the cases. The highest correlation was noted for glioblastoma multiforme, Schwannoma and arachnoid cyst which showed 100% agreement. Cases of pilocytic astrocytoma showed the least agreement.

CONCLUSION
Posterior fossa lesions form a high percentage of central nervous system pathologies for which excision is performed. They affect all age groups, especially paediatric age group with a male predominance. Clinicopathological correlation and grading are significant as many of the tumours require radiotherapy and chemotherapy in addition to surgical excision. Strict follow-up is needed in many of the posterior cranial fossa tumours especially ependymoma, haemangioblastoma and pilocytic astrocytoma as they have tendency to recur frequently.

REFERENCES


