CASE REPORT

PAPILLON-LEFEVRE SYNDROME: A CASE REPORT
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ABSTRACT: Papillon-Lefèvre syndrome (PLS) is a very rare syndrome of autosomal recessive inheritance characterized by progressive palmar-plantar keratoderma and early onset periodontitis, leading to premature loss of both primary and permanent dentitions and recurrent pyogenic infections. Patient Presented with a chief complaint of thickening of palms and soles extending on to knees and elbows. On intraoral examination there is loss of both temporary and permanent teeth. Patient had recurrent pyogenic infections involving face and nose leading to nasal destruction. Histopathological examination of the specimen taken from the thickened skin was reported to be consistent with PLS¹,²,³

KEYWORDS: Palmar plantar keratoderma, periodontitis, recurrent pyogenic infections.

INTRODUCTION: The Papillon-Lefèvre syndrome (PLS) was first described by Papillon and Lefèvre in 1924.⁴ PLS is an autosomal recessive disorder that is caused by mutations in cathepsin C (CTSC). PLS is characterized by palmoplantar keratoderma and aggressive periodontitis. It has world-wide prevalence of 1-4 cases per million in the general population and is often related with consanguinity.¹,⁴,⁵

CASE REPORTS: A 18-year-old male patient to the skin OPD with the chief complaint markedly thickening of palms and soles, with scaly erythematous lesions over knees and elbows and loss of teeth and scars. Over face and deformity of nasal ala on left side.¹,²,⁶,⁷

On examination patient had progressive palmoplantar keratoderma, loss of both temporary and permanent teeth, recurrent infections predominantly involving forehead and nose. Palmoplantar keratoderma present at birth.⁸ Keratoderma involves palms, soles, back, heel, external malleolus, tibial tuberosities, elbows and dorsae of hands and feet.

Hair and nails are normal.

On intraoral examination there had been early shedding of deciduous teeth which erupted normally and complete shedding of all deciduous teeth by the age of 6 yrs⁴,⁵. There has been normal eruption of permanent teeth but gradually his teeth has started becoming mobile and this was followed by loss of all permanent teeth except 3 molars which are also mobile. Gingival recession was present in all teeth.

In addition patient gave history of recurrent pustular lesions involving the forehead, left side of nose leading to scaring over the forehead and nasal deformity on left side of nose.⁹

All investigations are with in normal limits, x-ray of skull normal, mantoux test is normal.

Histopathology from thick plaque is suggestive of keratoderma. Biopsy from nasal ala ruled out any evidence of tuberculosis. Assistance of Plastic Surgeon was taken for reconstruction of nose.
DISCUSSION: Papillon lefevre syndrome is a disorder of keratinisation that is inherited in a AR pattern. It is characterized by progressive palmoplantar keratoderma, periodontitis\textsuperscript{5,10} and recurrent pyogenic infections. Onset of symptoms is between 1 and 4 years of age in our case skin and periodontal findings correlate with previous case reports\textsuperscript{1,2,3}. Dental history was also in accordance with previous case reports\textsuperscript{4,5}. In addition to dermatological and oral findings patient had recurrent pyogenic infection leading to scarring over forehead and deformity of nose requiring plastic surgeon assistance for nasal reconstruction.

Recurrent pyogenic infection leading to nasal destruction has not been reported. This in contrast with case reports, which reported recurrent infections without any sequale. This can be attributed to decreased neutrophil, lymphocyte and monocyte functions, that predispose to recurrent pyogenic infections.

CTSC gene mutations have been reported as responsible for PLS, CTSC deficiency has been associated with PLS-associated increased susceptibility to bacterial infection in gums and other sites\textsuperscript{11}.

MANAGEMENT: He was kept on Oral isotretinoin 20mg od palmo plantar keratoderma improved gradually\textsuperscript{12,13} Oral antibiotics were given to treat recurrent pyogenic infections.

Plastic Surgical reconstruction of deformed nose: Nasolabial flap was used to reconstruct the lost ala nasi to improve the appearance of the grotesque shape of the nose. The outcome after surgery was quite satisfactory. Prosthetic rehabilitation with removable partial dentures.

CONCLUSION: It is important that dermatologists should be familiar with PLS, for early diagnosis of PLS. Associated periodontitis and institution of an appropriate periodontal/antimicrobial treatment.

REFERENCES:
CASE REPORT

Skin biopsy: Psoriasiform features

Plastic Surgical reconstruction of deformed nose before and after
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