PALATAL PLEOMORPHIC ADENOMA WITH FLORID SQUAMOUS METAPLASIA: A POTENTIAL DIAGNOSTIC PITFALL
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ABSTRACT:
Pleomorphic adenoma is the most common benign tumor occurring in the major and minor salivary glands. We report a case of pleomorphic adenoma with extensive squamous metaplasia in the palate of a 20 year old man. The dimensions of the tumor were 3x2x2cm. More than 75% of the epithelial element in the tumor was composed of sheets of squamous cells, with multiple keratin filled cysts. This case illustrates that pleomorphic adenoma with squamous metaplasia presents a potential for misinterpretation as mucoepidermoid carcinoma and squamous cell carcinoma. We discuss the various pitfalls and the features that are helpful in distinguishing between these lesions.

KEY WORDS: Pleomorphic adenoma, Squamous metaplasia

INTRODUCTION:
Pleomorphic adenoma is the most common benign tumor occurring in the major or minor salivary glands. [1] The tumor is characterized by epithelial and modified myoepithelial elements intermingled with tissue of mucoid, myxoid or chondroid appearance. It has a wide spectrum of morphological patterns, [2] squamous cells, oncocyes, sebaceous cells, bone, adipose tissue and crystalline materials can be found in the tumor. We report a benign salivary gland tumor with a predominant and extensive squamous component. The features are those of a pleomorphic adenoma with florid squamous metaplasia. This case illustrates the difficulty of making a correct diagnosis in the initial tissue specimen and we discuss the diagnostic pitfalls of this pathological entity.

CASE PRESENTATION (CLINICAL DETAILS):
A 20 year old patient presented with complaint of swelling in the oral cavity since two years. The swelling was painless and progressively increasing in size. Physical examination showed a firm nodule of 4x4cm in diameter on the left side of the hard palate and anterior part of soft palate.
CASE REPORT

CYTOLOGICAL FINDINGS:

Fine needle aspiration was done and demonstrated some clusters of squamous cells, with some of the cells showing keratinizing cytoplasms. Also, seen some clusters of cells with features suggestive of glandular differentiation. Differential diagnosis of well-differentiated squamous cell carcinoma & pleomorphic adenoma was made.

GROSS / HISTOPATHOLOGICAL FINDINGS:

Surgical resection was done. Gross specimen comprised of well circumscribed, well-encapsulated mass, grey white in color and measured 3x3x2cm. No cystic area, hemorrhage or necrosis was seen. Histological examination showed a well-encapsulated tumor more than 75% of epithelial element in the tumor was composed of squamous cells with multiple keratin filled cysts. The rest of areas showed features of conventional pleomorphic adenoma.

DISCUSSION:

Histological diversity is the hallmark of pleomorphic adenoma. Histological patterns vary considerably between different parts of the same tumor. Focal squamous metaplasia is found in about 25% of pleomorphic adenoma. Rarely focal squamous metaplasia is reported. Squamous metaplasia is commonly associated with repair following infarction and necrosis of the salivary gland. In the present case, necrosis was not seen and squamous cells were detected in FNA biopsy as well as in the resection specimen. Squamous metaplasia has been noted in non-neoplastic entities like chronic sialadenitis, necrotizing sialometaplasia, lymphothelial cysts occurring in the vicinity of the salivary gland. Potential for misdiagnosis of pleomorphic adenoma as mucoepidermoid carcinoma and squamous cell carcinoma have been reported. In our case also the features misinterpreted as mucoepidermoid & squamous cell carcinoma. To avoid misinterpretation of pleomorphic adenoma with squamous metaplasia as mucoepidermoid carcinoma on cytology, a close scrutiny for fragments of chondromyxoid stroma—a characteristic feature for pleomorphic adenoma. In our case also on reviewing the slides again after histological diagnosis we could find occasional tiny fragments of stroma. Also keratinization especially of the extracellular type is rare in mucoepidermoid carcinoma. However even if the features diagnostic of pleomorphic adenoma are identified, the differential diagnosis may still include a mucoepidermoid carcinoma arising in a preexisting pleomorphic adenoma.

CONCLUSION:

We have reported a case of palatal pleomorphic adenoma with florid squamous metaplasia and with potential pitfalls in the diagnosis.

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REFERENCES:

Fig 1- Photograph showing swelling in the palate

Fig 2- Gross photograph showing well circumscribed tumor
Fig 3- Photomicrograph showing squamous cells with keratin pearls. (H&E, 400X)
Fig 4- Photomicrograph showing conventional pleomorphic adenoma (H&E, 400X)